



Work with your heart

Why Having a job you love is important?

Being happy at work and **loving** what **you** do is an overall productivity booster and enhances performance. People **who enjoy** their **jobs** are more likely to be optimistic, motivated, learn faster, make fewer mistakes, and better business decisions.

Why is compassion important in the workplace?

Compassion is empathy and caring in action. Being open to others enables us to face tough times with creativity and resilience. Empathy enables us to connect with people. It helps us get things done, and to deal with power stress and the sacrifices inherent in leadership.

Why is it important to have friends at work?

Having **friends at work** can increase job satisfaction, performance and productivity, research shows. But you might **want** to avoid becoming too close with your colleagues. "You don't **need** to be best buds," said Amy Cooper Hakim, an industrial-organizational psychology practitioner and workplace expert

What is the importance of communication?

The **communication** brings people together, closer to each other. The **communication** is an **important** management function closely associated with all other managerial functions. It bridges the gap between individuals and groups through flow of information and understanding between them.

Why is gratitude important at work?

Gratitude can be a helping factor that costs nothing to give. A simple thank you can go a long way in reducing ones stress and leads to having a better **working** environment. It was shown that employees that feel appreciated by someone else's **gratitude** are more likely to have a higher degree of job satisfaction.